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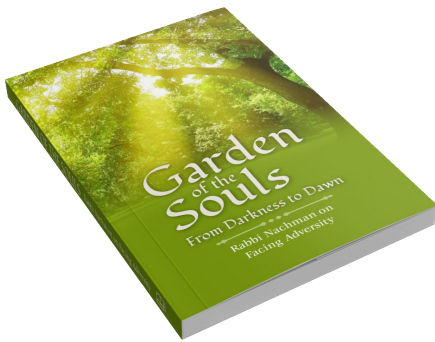
# SELF HELP

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## I WILL SING! - AZAMRA!, WHERE? - AYEH? - 5 COPY SET

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Rebbe Nachman's Ayeh? (Where?), ?shows us how to find hope in even the darkest, most desperate situations.

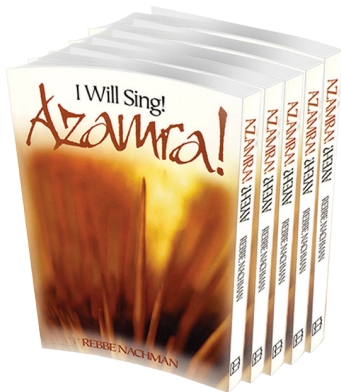
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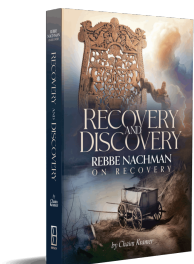


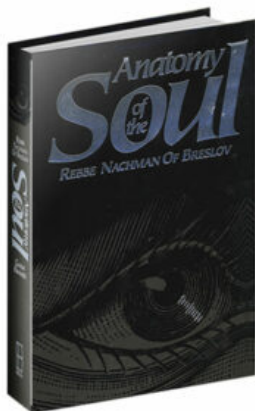
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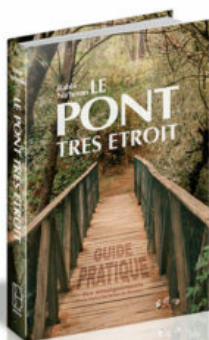


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Since man was created “in the image of God,” each organ of the human body has a spiritual as well as physical meaning. This fascinating study uncovers the mystical connection between each aspect of the human body – the skeletal and muscular system, the circulatory and respiratory systems, the reproductive system, and more – and the Ten Sefirot, plus the five levels of the soul. Heighten your awareness of the awesome spiritual power you have .at your fingertips, and in all your other limbs as well

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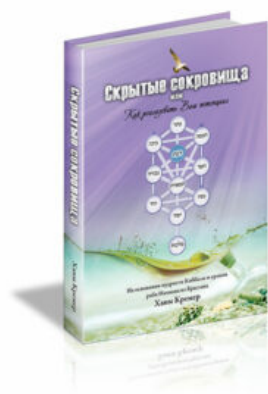
Adapted by Moshe Mykoff

A treasury of insights and advice for living joyously and spiritually, designed for people of all faiths – and even of no faith. With brilliant simplicity, Rebbe Nachman shows us how to fill the empty chair – the alienated self – by leaving .sadness and embracing hope and joy

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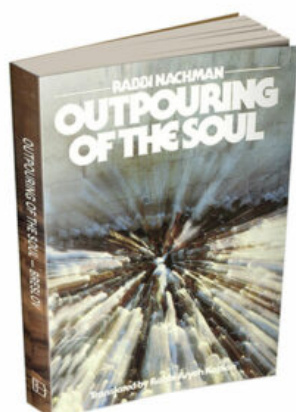
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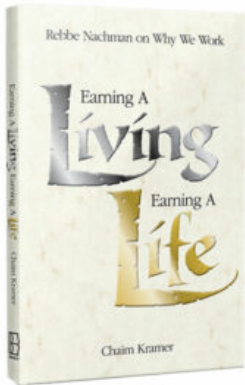
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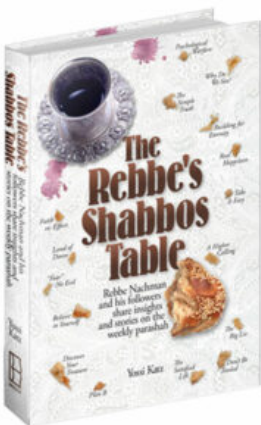
## EARNING A LIVING EARNING A LIFE

The daily grind. Grunt work. Working like a dog. If we view work as a curse, we'll miss the incredible benefits that it gives us and all of humanity. For starters, it enables us to increase holiness in the world, open the channels of bounty from above, and spread the peace and security of Shabbat – our “day .off” – to the rest of the week

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## THE REBBE'S SHABBOS TABLE

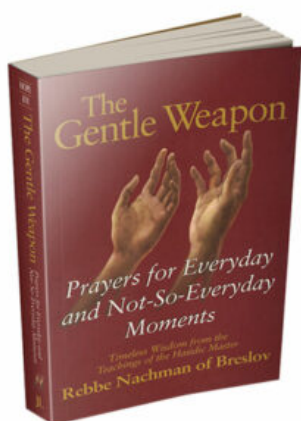
Here is a collection of insights on the weekly *parashah* and Jewish holidays unlike any you've ever seen. Based on the teachings of Rebbe Nachman, each pinpoints a difficult question, concept or mitzvah found in the *parashah* and shows how the answer leads to greater self-awareness and spiritual growth. The question-and-answer format and contemporary language engage .readers (and listeners) of all backgrounds

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These soul-stirring prayers strengthen the heart while bringing us closer to .God and a deeper understanding of ourselves

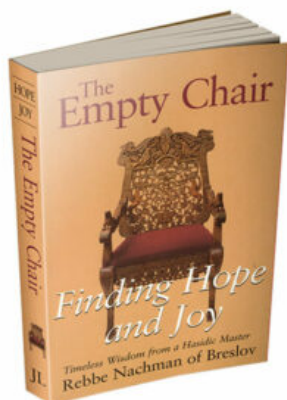
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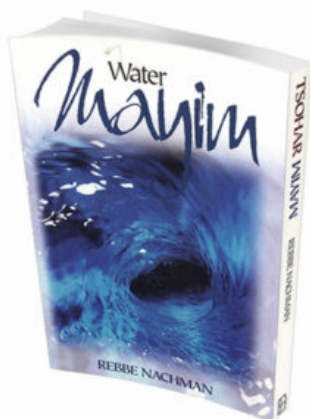
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## LIGHT - TSOHAR, WATER - MAYIM

Rebbe Nachman's Tsohar (Light) teaches us how to bring light into all .situations and illuminate the path to our real selves

In Mayim (Water), Rebbe Nachman explores the idea of free will based ?the .Talmudic account of the four Sages who entered Paradise

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## HEALING LEAVES, PRESCRIPTIONS FOR INNER STRENGTH, MEANING AND HOPE

This handy, pocket-sized volume collects the inspiring words and advice disseminated by Reb Noson of Breslov in the many letters he wrote to his son and disciples

The 2021 revised edition includes completely new typesetting, high quality gloss paper and a user-friendly binding

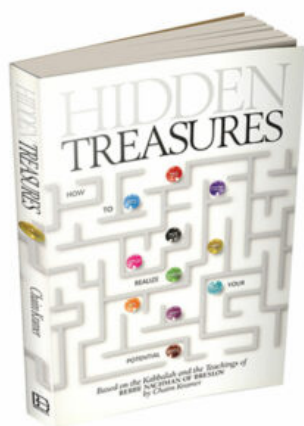
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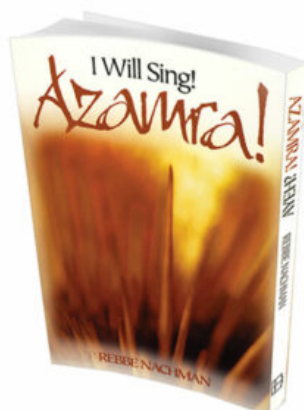
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## ?I WILL SING! - AZAMRA!, WHERE? - AYEH

In Azamra! (I will sing!), the Rebbe points the way to happiness ? by finding the "good points" in ourselves and others.

Rebbe Nachman's Ayeah? (Where?), ?shows us how to find hope in even the darkest, most desperate situations.

Softcover. 182 pages.

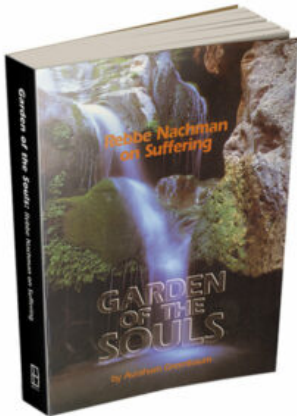
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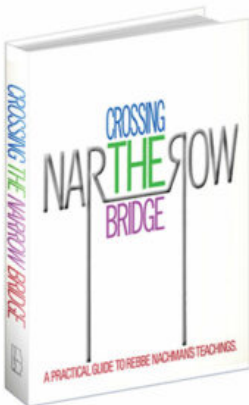
## (GARDEN OF THE SOULS (OLD EDITION

In this lesson, Rebbe Nachman shows us how faith makes it possible to find meaning in the trials of this world, and to turn all challenges into .opportunities for elevation and profound joy

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## CROSSING THE NARROW BRIDGE

Rebbe Nachman said: "The world is a very narrow bridge. The main thing is not to be afraid." This upbeat, down-to-earth book gives clear, detailed .guidance for applying Rebbe Nachman's teachings to our everyday lives

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